

## Debate:

Controversies in Dementia: At this Hour – Care or Research?

## Poster Presentations

## Theatre

## Performance:

Journey from Diagnosis to Care

## Who Can Attend:

Clinicians, Researchers, Allied Health Professionals, Educators, Carers, NGOs, Senior Citizens, Volunteers, Policy Makers and Experts in the field of Dementia Care.

## Organizers:

### ARDSI, Bangalore Chapter:

The Bangalore Chapter of the ARDSI is a registered nonprofit voluntary organization engaged in care, support and training of Dementia. With committed and eminent persons on the Board as patrons and members, the Chapter strives to generate necessary awareness and create appropriate support systems for patients and care-givers through networking with other NGOs and governmental agencies. The Chapter is promoted by the Nightingales Medical Trust.

### Nightingales Medical Trust:

Nightingales Medical Trust (NMT) is a reputed Not-for-Profit organization promoting various innovative need-based support systems for the well-being of Senior Citizens and persons with dementia. Their major projects include 96 bed Dementia Care facility in Bangalore, 49 bed Tele medicine enabled Dementia Care facility in Kolar, 5 Dementia Day Care and Elders Enrichment Centres, Elders Helpline in association with Bangalore City Police, Centre for Active Ageing and Jobs 60+. In recognition of their services they have been designated by the Government of India as the Regional Resource and Training Centre (RRTC) for building the capacity of NGOs engaged in age care. Today, NMT has established a name of its own and has become one of the leading Age and Dementia Care Organizations in the Country.

## Registration Fees

CATEGORY	Till 31.03.2018	01.04.2018 to 31.07.2018	01.08.2018 onwards
<b>FOR ALL THREE DAYS:</b>			
ARDSI MEMBERS / CARERS / NURSES / SENIOR CITIZENS / THERAPISTS / STUDENTS / NGOs)	2500	3500	4500
ALL OTHERS	3500	4500	5500
FOREIGN DELEGATES	US\$ 250	US\$ 250	US\$ 300
<b>FOR ONE DAY</b>			
	1000	2000	3000

## DEMENTIA 2018

### Whom to Contact:

Roger Ephraim

+91 9243737221 / +91 80 42426565

Email: [contact@dementia2018.in](mailto:contact@dementia2018.in)

### Secretariat

ARDSI - Bangalore Chapter

(Promoted by Nightingales Medical Trust)

8P6, 3rd A Cross, Kasturinagar, Banaswadi,

Bangalore 560043, Karnataka, India | Ph: +91 80 42426565

For More Details and to Register, Log on to:

[www.dementia2018.in](http://www.dementia2018.in)



Alzheimer's and Related Disorders Society of India, Bangalore Chapter



International Symposium on  
Dementia and Ageing and  
22<sup>nd</sup> National Conference of ARDSI

# DEMENTIA 2018

RESEARCH | IMPLEMENT | IMPROVE

14 - 16 September 2018

JN Tata Auditorium, IISc, Bangalore



Alzheimer's and  
Related Disorders  
Society of India,  
Bangalore Chapter

Organized by



Nightingales  
Medical Trust

Dear Colleagues,

Greetings from DEMENTIA 2018 Secretariat.

We have great pleasure in inviting you to the International Symposium on Dementia and Ageing to mark the Silver Jubilee year of Alzheimer's and Related Disorders Society of India (ARDSI).

Dementia is a multidisciplinary area, transcending disciplines of science, sociology, economics and policy, impacting people and society at each of these levels. The last few decades have witnessed huge efforts in all these disciplines to develop an understanding and provide solutions for this very disabling disease. While many advances have indeed been made, several challenges remain that require stake-holders to reflect and create meaningful strategies to bring hope and relief to Persons with Dementia and their families. This is reflected in the theme of this International Symposium – Research, Implement and Improve.

The Symposium will enable various stakeholders to share their observations, problems faced, suggestions and conclusions. The Symposium shall provide an effective platform for discussion and exchange of ideas. The aim will be to include diverse viewpoints and experiences from both international and national speakers so as to get new insights into the present situations and possibilities of interventions, and discuss useful directions for future work and possible effective ways of implementing strategies to reduce the burden of dementia care in India.

We hope that participants will go back with a deeper understanding / insight of the challenges they need to focus on and find solutions for, and also with ideas for more effective care delivery models. Please join us for the Dementia 2018.

Yours sincerely,

**Dr. Radha S. Murthy**

Chairperson, Organizing Committee

## Goals

1. To bring together experts and stakeholders to reflect and create meaningful strategies to bring hope and relief to persons with dementia and their families
2. To enable scientists, sociologists, economists and policy makers cover issues ranging from dementia care, support and research relevant to developing countries
3. To provide a platform for family caregivers, volunteers, NGOs, senior citizens and social entrepreneurs working in this domain, clinicians, researchers, educators and others to share their observations, problems faced, suggestions and conclusions
4. To consider diverse viewpoints and experiences from both international and national speakers so as to get new insight into the situations and possibilities of interventions, and discuss directions for future work to reduce burden of dementia in India
5. To ensure participants go back with a deeper understanding / insight of the challenges they need to focus on and find solutions for, and also with ideas for making more effective contributions to the dementia domain
6. To use the experiences of organizations and individuals working on dementia in India, along with input from international experts and models, to evolve improved approaches for future research, more accessible and useful medical support, and feasible caregiver services and interventions suitable for India
7. To finalize and submit National Dementia strategy to Government of India.
8. To showcase products and services related to dementia care.

## Topics to be Covered

### Early Detection and Accurate Diagnosis:

Symptom approach to diagnosis  
Cognitive testing in diverse settings  
Advances in Biomarkers  
Understanding diagnosis: Caregiver perspective  
Creating awareness: Society and Media

### Understanding Cause of Dementia:

Genetic basis  
Neurobiological mechanisms  
Treatable medical causes  
Lifestyle risk factors

### Optimizing Family Support to People with Dementia: A Community Empowerment Approach

### Therapeutic strategies for Dementia:

Current pharmacological therapies  
Identifying new therapeutic targets  
Role of Traditional therapies  
Functional rehabilitation

### Emerging Strategies likely to drive future Advances in Alzheimer's

### Behavioural problems in dementia

Behavioural and psychological symptoms in dementia  
Social cognition and dementia syndromes  
Non-Pharmacological Approaches  
Real Life Care Situations  
Addressing caregiver stress

### New risk factors

Diabetes Mellitus and Cognitive decline  
Obesity and dementia  
Small Vessel Disease  
Stress, personality and dementia  
Gut, Diet and cognition  
Translating basic research insights into tangible actions for lay-persons in the community

### New concepts: Environment and dementia

Spatial cognition and dementia  
Smart Homes and Innovative designs  
Using suitable environments to make communities more dementia friendly.  
Adaptations possible/ practical for families for home environments

### Successful ageing and protective factors:

Healthy cognitive ageing  
Neuroplasticity  
Protective factors for dementia  
Frailty and maintenance of functions  
Emerging role of neuromodulatory (tDCS & rTMS) interventions for cognitive impairment in elderly

### Prevention symposium: Risk reduction

Innovative Models of Dementia Care for resource limited countries  
Home based care  
Institutional Care

### Problematic issues in dementia:

Nutrition & Feeding  
Communicating with patients  
Sleep disturbances  
Incontinence  
Including: Experience sharing/ case studies/ practical approaches for home-based and Institutional Care

### Legal issues & Rights of people with Dementia

Communication and awareness building: approaches and priorities  
Technology and Dementia: possibilities, pros, and cons  
Palliative Care and Transcultural Spirituality

### Corporate Social Responsibility - Dementia and Ageing

Legal/ tax aspects in India  
Current trends in Indian CSR  
Effective ways to use corporate involvement and skills for the dementia cause

## Workshops

Country plan on Dementia (to cover policies and programs)  
Ageing and Dementia  
A multi-disciplinary team approach (for paramedics)  
Dementia diagnosis and management (for physicians)